



Board of Directors

Hybrid Meeting Agenda

October 13th, 2022

Board of Directors Members Present:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **Barbara LaBrash**, Human Services Manager; designated alternate for Cindy Wolf, San Juan County
- **Jackie Mitchell**; Behavioral Health Program Specialist, designated alternate for Kathy Kershner, Whatcom County
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- **Jill Johnson**, Commissioner, Island County
- **Sam Low**, County Council; Snohomish County
- **George Kosovich**, Public Health, Skagit County, designated alternate for Peter Browning, Commissioner

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Charles DeElena**, **Business Improvement Manager, Compliance Officer**, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

Brad Banks, Legislative Consultant

Call to Order and Introductions – Chair

Chair Browning called the meeting to order and initiated introductions among members who were in attendance in person, as well as those who joined the meeting via Zoom

Revisions to the Agenda – Chair

The Chair asked if there were revisions to the agenda. It was requested that Brad Banks give his Legislative Priorities update sooner on the agenda

Approval of the September 8th, 2022, Minutes, Motion #22-52– Chair/Attachment

Jill Johnson moved the motion for approval, Sam Low seconded, all-in favor, motion #22-52 carried

Comments & Announcements from the Chair

The Chair had updates (below) from the Governance and Operations Committee that met prior the full board meeting

Reports from Members

Board members gave updates on their respective county's behavioral health related happenings

Comments from the Public

There were no comments from the public

Update on Legislative Priorities, Brad Banks

Brad Banks gave an update to the Board Members regarding the regions' current legislative priorities.

The list included:

- Integrated Crisis Response & 988
- Network Adequacy
- Behavioral Health Provider Rates
- ITA Court Costs

He noted that a survey will be sent out to Board Members

Report from the Advisory Board

Pat O'Maley Lanphear gave the report from the Advisory Board and answered questions. The report included the Advisory Board member vacancies in each of the counties.

Annual Compliance Training, Charles DeElena

Charles DeElena gave an overview of the Annual Compliance Training that needs to be completed by the board members. He also said the attestation is to be filled out and turned in upon completion of the training. The training and signed attestation are due by December 2nd.

Report from the Finance Officer

Joe Valentine gave the Report from the Finance Officer and answered questions

Report from the Governance Operations Committee

The Chair asked that all the Board Members discuss the Opioid Settlement topic with their Fiscal Managers and be prepared to converse on this topic further during the next Board Meeting.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

Consent Agenda

Motion #22-53

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from September 1st, through September 30th, in the amount of **\$2,253,475.28**.
- Payroll for the month of September in the amount of **\$169,060.42** and associated employer benefits in the amount of **\$73,064.46**

Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, motion #22-53 carried

Action Items

For Board Approval

Summary

During the September 8th Board Meeting, **Motion # 22-49** was tabled. Discussion will take place during the 10/13/22 Governance & Operations Meeting.

The motion language is below:

Motion #22-49

To approve the 3.1% labor market adjustment to the current pay grid for implementation on January 1, 2023.

The BH-ASO Board Members tabled this motion. They would like the ASO to provide detailed information on each position individually.

They asked that the information be sent out to the Board Members prior to the Board Meeting. All were in favor of motion #22-49 being tabled.

The Governance and Operations Committee recommended that this motion remain tabled. They suggested the ASO address any needed changes to compensation and benefit levels with the COLA adjustment and employer share of cost for the health plan. These proposals will be included in the 2023 Operating Budget that will be introduced at the November Board of Directors meeting.

Summary

Cumming Management Group

Cumming Management Group and Percival Health Advisors are embarking on the next phases of the Behavioral Health Needs Assessment. Phase I included Project Mobilization and Initial Workplan in the amount of \$12,000.

The next phases will consist of:

- o Market & Strategic Priorities
- o Demographics, Volume Projections & Gap Analysis
- o Final Report

Motion #22-54

- North Sound BH-ASO-Cumming Management Group-22 Amendment 1 for the purpose of moving forward with phase two (2) and three (3) of the Needs Assessment. The funding for phases two and three is \$51,000 for a total on this contract of \$63,000.

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-54 carried.

Summary

Compass Health-Child Youth Mobile Crisis Outreach Team

Compass Health was the successful bidder for the team. There will be two teams, one serving Skagit & Whatcom Counties and one team serving Snohomish County. The startup funding for the program is \$494,463.30

Motion #22-55

- North Sound BH-ASO-Compass Health-ICCN-19-22 Amendment 10 for the purpose of providing the funding and program requirements for the new Child Youth Mobile Crisis Outreach Teams. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Jackie Mitchell moved the motion for approval, Jill Johnson seconded, all in favor, motion #22-55 carried

Summary:

HRSA Medication Assisted Treatment (MAT) SAMHSA Grant

The contracts listed below are participating in the HRSA Grant MAT services in Skagit and Island Counties. This is a renewable three (3) year Federal Grant.

NW Educational Service District (NW ESD) 189

Motion #22-56

- North Sound BH-ASO-NS WED 189-PSC-22 for the purpose of providing a student assistance/prevention intervention specialist in the Coupeville School District. The maximum consideration on this contract is \$87,834 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

Compass Health

Motion #22-57

- North Sound BH-ASO-Compass Health-PSC-22 for the purpose of providing a Behavioral Health imbedded with Law Enforcement in East Skagit County. The maximum consideration on this contract is \$89,000 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

Lifeline Connections

Motion #22-58

- North Sound BH-ASO-Lifeline Connections -PSC-22 for the purpose of providing a Nursing Care Manager. The maximum consideration on this contract is \$89,500 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

Mount Baker Presbyterian Church (MBPC)

Motion #22-59

- North Sound BH-ASO-MBPC-PSC-22 for the purpose of providing and half time Recovery Support Specialist in East Skagit County. The maximum consideration on this contract is \$30,000 for a 12-month period.

Jackie Mitchell moved motions #22-56 through #22-59, Cindy Wolf seconded, all in favor, motions #22-56 through #22-59 carried

Summary:

Holman Recovery Center

Holman Recovery Center is a substance use disorder (SUD) residential service provider in the North Sound Region. Holman Recovery Center was credentialed by North Sound BH-ASO in April 2022.

Motion #22-60

- North Sound BH-ASO-ICN-22 for the provision of SUD residential services. This is a fee for service contract with a term of January 1, 2023, through January 1, 2024, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-60 carried

Report from the Executive Director

The report from the Executive Director was discussed which included the topics below:

- UPDATE ON BEHAVIORAL HEALTH SERVICES COORDINATING COMMITTEE
- HCA-NSBHASO QUARTERLY CHECK IN MEETING
- HB 1688 – BALANCED BILLING ACT
- 2023 MEDICAID RATE DECREASE
- CONTINUATION OF COVID FEDERAL BLOCK GRANT FUNDING
- UPDATE ON FACILITY NEEDS ASSESSMENT
- CRISIS SERVICES UPDATE
- UPDATE ON THE “NORTH SOUND RURAL COMMUNITIES OPIOID RESPONSE PROGRAM” [HRSA GRANT AWARD]
- TEAMONITOR REPORT

Adjourn: 2:52 p.m.

Next Meeting: November 10th, 2022

Respectfully Submitted,

Joanie Wenzl
Clerk of the Board

APPROVED